



Healthy Treats and Dancing Feet

Grades K-1

Day 1, Super Foods: Do you know the superpowers of the foods you eat? Race to sort the food pyramid, become a model for your bones, and discover how your favorite meals make you strong!

Day 2, Ears, Elbows and Eyeballs: What's happening on the inside? Listen to your heart, put together a breathing machine, and make your own working stomach!

Day 3, Twist and Shout: Shake it out! Come do the Brain Dance and practice your dodging skills as we learn about why regular exercise is important in our daily lives.

Day 4, Sense-sational Science: How do YOU perceive the world? Come and find out by exploring smelly smells, identifying sounds, testing your depth perception, and even experimenting with your sense of touch.